

CURRICULUM VITAE

PHYLLIS POST

Department of Counseling
College of Education
University of North Carolina at Charlotte
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EDUCATION AND PROFESSIONAL CREDENTIALS

<u>Degrees</u>	<u>Date</u>	<u>College/University</u>	<u>Major</u>
PhD	1980	University of Wisconsin	Counselor Education
MEd	1976	University of North Carolina - Charlotte	School Counseling
BA	1972	University of North Carolina - Chapel Hill	American Studies

Licenses

Licensed Professional Counselor (LPC)
North Carolina School Counselor

Certifications/Registrations

National Certified Counselor (NCC)
National Certified School Counselor (NCSC)
Registered Play Therapist (RPT)
Approved Clinical Supervisor (ACS)

PROFESSIONAL EXPERIENCE

1996 - Present	University of North Carolina - Charlotte	Full Professor
1989 - 1996	University of North Carolina - Charlotte	Associate Professor
1988 - 1989	The Ohio State University	Associate Professor
1986 - 1988	The Ohio State University	Assistant Professor
1981 - 1986	University of Wisconsin - Milwaukee	Assistant Professor
1980 - 1981	University of Wisconsin - Madison	Lecturer
1977 - 1980	University of Wisconsin - Madison	Research Assistant
1974 - 1976	Erwin Junior High School, Salisbury, NC	School Counselor

TEACHING

University of North Carolina - Charlotte

Master's level:

6100 Theories of Counseling (3G)

6101	Professional Ethics in Counseling (3G)
6110	Counseling Techniques (3G)
6111	Advanced Techniques (3G)
6120	Group Counseling (3G)
6121	Structured Groups (3G)
7141	Introduction to School Counseling (3G)
7142	Play Therapy (3G)
7143	Advanced Play Therapy (3G)
7143	Filial Therapy (3G)
7646	Leadership and Administration of School Counseling (3G)
7430	Counseling Practicum (3G)
7435	Counseling Internship I (3G)
7436	Counseling Internship II (3G)

Doctoral level:

8000	Doctoral Seminar (3G)
8142	Play Therapy
8143	Advanced Play Therapy (3G)
8143	Filial Therapy (3G)
8998	Prospectus Design (3G)

The Ohio State University

773N	Introduction to Guidance in the Schools (3G)
774	Introduction to Counseling (3G)
775	Introduction to Group Counseling (3G)
776	Counseling Children (3G)
779	Educational and Vocational Guidance (5G)
876	Organization and Administration of Guidance Services (3G)
884B	Internship in Counseling (3G)
925.34	Seminar in Ethical Issues in Counseling (3G)
925.34	Seminar in Supervision (3G)
974/6	Supervised Practice in Individual Counseling (3-6G)
975/7	Supervised Practice in Group Counseling (3-6G)
978A	Supervised Field Experience (3-6G)

University of Wisconsin - Milwaukee

265-603	Essentials of Counseling (3G)
265-674	Fieldwork in Counseling (3G)
265-700	Theories of Career Development (3G)
265-799	Independent Reading (G)
265-800	Group Theories and Practice (3G)
265-807	Advanced Cognitive Strategies in Counseling (3G)
265-811	Secondary School Counseling (3G)
265-970	Practicum in Counseling (3G)
265-990	Research/Thesis (G)

University of Wisconsin - Madison

270-105	Human Resources in Development: Awareness Processes (3U)
270-110	Human Resources in Development: Career Strategies (3U)
270-115	Human Resources in Development: Educational Effectiveness (3U)
270-804	Evaluation and Research in Counseling Practices (3G)
270-805	Institution and Work of the Counselor (3G)
270-810	Internship in School Counseling (3G)

Advising

Doctoral Dissertations Chairperson (Completed)

- Surratt, Margaret Brandt (2008). The impact of sibling disability status and gender on perfectionism in school-age children.
- Parikh, Sejal Bipin. (2008). Examining the relationship between belief in a just world, political ideology, religious ideology, socioeconomic status of origin, race and social justice advocacy attitudes of practicing school counselors.
- Sturm, Debbie Crawford (2008). The impact of client level of poverty on counselor attitudes and attributions about the client.
- Moseley, S. (2006). Client sexual orientation and description of sexual behavior: impact on professional counselors' attitudes, clinical evaluations, and attributions of responsibility directed toward male clients.
- Briggs, W. (2006). Contributions of education and training, diversity experience, and demographic characteristics to counseling students' ethnocultural empathy dimensions.
- Evans, R. (2006). The development of an instrument to measure perceptions of school superintendents, principals, and school counselors regarding school counselors' roles.
- Dodson-Sims, A. (2005). Examining stereotype threat, academic self concept, and college class status among African Americans at historically black universities and predominately white universities.
- Rauch, S. (2005). A descriptive study on the differences between body psychotherapists and traditional counselors.
- Hess, B. (2004) The long-term effect of kinder therapy training on preschool teachers of children considered at-risk.

Doctoral Dissertations Committee Member (Completed)

Howerton, M.
 Magnus, V.
 Napolitano, L.
 Snow, S.
 VanderGast, T.

Doctoral Dissertations Chairperson (In Progress)

Bobb, T.
Martin, C.
Miller, T.
Moore, S.
Penn, S.

Doctoral Dissertations Committee Member (In Progress)

Arrington, M.
Eckenrod-Green, W.
Graham, D.
Long, A.

Doctoral Advisor

Lewis, J.
Burton, S.
Tyrance, S.

RESEARCH

Book Chapters

Post, P. (In press). Child Teacher Relationship Training with Pre-School Children Deemed At-Risk. In J. Baggerly, D. Ray, & S. Bratton, *Effective Play Therapy: Evidence-Based Filial and Child-Centered Research Studies*. John Wiley & Sons, Inc.

Post, P. (2001). Child-Centered Play Therapy for At-Risk Elementary School Children. In C. Schaefer, A. Drewes, & L. Carey, *School-Based Play Therapy*. John Wiley & Sons, Inc.

Post, P. (2001). Play therapy with a selective mute child. In Landreth, G. *Innovations and special considerations in play therapy*. Accelerated Development.

Articles in Referred Journals

Post, P., Penn, S., & Ceballos, P. Consulting with parents: Using outcome goals in child-centered play therapy. Submitted for publication.

Parikh, S., **Post, P.** & Flowers, C. The Relationship between a belief in a just world and social justice advocacy attitudes of school counselors. Submitted for publication.

Furr, S., **Post, P.,** Niedringhaus, J. (2008). Meeting the needs of students: Perceived versus ideal roles of professional school counselors. *NC Perspectives*, 2, 14 – 22.

Abrams, L., **Post, P.,** Algozzine, B., Cooper, C., Miller, T., Gomory, T., & Ryan, S. (2006). Ethnicity and professional characteristics of play therapists. *International Journal of Play Therapy*, 15, 11-34.

- Hess, B., **Post, P.**, & Flowers, C. (2005). A follow-up study of kinder training for preschool teachers of children deemed at-risk. *International Journal of Play Therapy, 14*, 103-115.
- Post, P.**, McAllister, M., Sheely, A., Hess, B., & Flowers, C. (2004). Child-centered kinder training for teachers of at-risk pre-school children. *International Journal of Play Therapy, 13*, 53-74.
- Post, P.** (1999). Impact of child-centered play therapy on the self-esteem, locus of control and anxiety of at-risk 4th, 5th, and 6th grade students. *International Journal of Play Therapy, 8*, 1-18.
- Post, P.**, & Robinson, B. E. (1998). School-age children of alcoholics and non-alcoholics: Their anxiety, self-esteem, and locus of control. *Professional School Counseling, 1*, 36-40.
- Robinson, B.E., & **Post, P.** (1997). Risk of addiction to work and family functioning. *Psychological Reports, 81*, 91-95.
- Post, P.**, Williams, M., & Brubaker, L. (1996). Career and lifestyle expectations of rural eighth grade students: An update. *Career Development Quarterly, 44*, 250-257.
- Robinson, B. E., & **Post, P.** (1995). Work addiction as a function of family of origin and its influence on current family functioning. *The Family Journal, 3*, 200-206.
- Robinson, B. E., & **Post, P.** (1995). Split-half reliability of the Work Addiction Risk Test: Development of a measure of workaholism. *Psychological Reports, 76*, 1226.
- Post, P.**, & McCoard, D. (1994). Expressed needs and self-concept of runaway adolescents residing in a shelter. *The School Counselor, 41*, 212-219.
- Robinson, B. E., & **Post, P.** (1994). Validity of the Work Addiction Risk Test. *Perceptual and Motor Skills, 78*, 337-338.
- Webb, W., **Post, P.**, Robinson, B., & Moreland, L. (1992). Self-concept, anxiety, and knowledge exhibited by adult children of alcoholics and adult children of nonalcoholics. *Journal of Alcohol and Drug Education, 38*, 106-114.
- Robinson, B. E., **Post, P.**, & Khakee, J. F. (1992). Test-retest reliability of the Work Addiction Risk Test. *Perceptual and Motor Skills, 74*, 926.
- Bradey J., & **Post, P.** (1991). Impaired students: Do we eliminate them from counselor education programs? *Counselor Education and Supervision, 31*, 100-108.
- Post, P.**, Webb, W., & Robinson, B. E. (1991). Relationship between self-concept, anxiety, and knowledge by gender and age among adult children of alcoholics. *Alcoholism Treatment Quarterly, 8*, 91-95.
- Post, P.**, Stewart, M., & Smith, P. (1991). Self-efficacy, interest, and consideration of math/science and non-math/science occupations among Black freshmen. *Journal of Vocational Behavior, 38*, 179-186.
- Post-Kammer, P.**, & Pavlak, M. F. (1991). The relationship between locus of control, self-concept, and career maturity in a delinquent youth sample. *Kentucky Association of*

Counseling and Development Journal, 10, 3-19.

- Stewart, M., & **Post, P.** (1990). Minority students' perception of variables affecting their selection of a large university. *Journal of Multicultural Counseling and Development, 18, 154-162.*
- Robinson, B. E., **Post, P.**, Webb, W., & Smith, E.J. (1990). Test-retest reliability of the Children of Alcoholics Test. *Perceptual and Motor Skills, 70, 858.*
- Fouad, N. A., & **Post-Kammer, P.** (1989). Work values of women with differing sex-role orientations. *Journal of Career Development, 15, 188-198.*
- Post-Kammer, P.** (1989). The use of the Ethical Judgment Scale in counselor education: A matter of internal consistency. *Counselor Education and Supervision, 29, 229-233.*
- Post-Kammer, P.**, Fouad, N., & Williams, R. (1988). Follow-up of a pre-college program for minority/disadvantaged students in math and science. *Career Development Quarterly, 37, 40-45.*
- Post-Kammer, P.** (1988). Does Parents' Anonymous reduce child abuse? *The Education Digest, 54, 33-36.* (Reprint of: **Post-Kammer, P.** (1988). Effectiveness of Parents' Anonymous self-help groups in reducing child abuse. *The School Counselor, 35, 337-342.*
- Post-Kammer, P.** (1988). Effectiveness of Parents' Anonymous self-help groups in reducing child abuse. *The School Counselor, 35, 337-342.*
- Post-Kammer, P.**, & Schmidt, D. (1987). Counseling runaway adolescents. *The School Counselor, 35, 149-154.*
- Nickolai-Mays, S., & **Post-Kammer, P.** (1987). Non-white students' concerns about attending college. *The School Counselor, 34, 379-383.*
- Post-Kammer, P.** (1987). Intrinsic and extrinsic work values and career maturity of 9th and 11th grade males and females. *Journal of Counseling and Development, 65, 420-423.*
- Hall, E. R., & **Post-Kammer, P.** (1987). Black mathematics and science majors: Why so few? *The Career Development Quarterly, 35, 206-219.*
- Post-Kammer, P.**, & Smith, P. (1986). Sex differences in math and science career self-efficacy among disadvantaged students. *Journal of Vocational Behavior, 29, 89-101.*
- Post-Kammer, P.**, & Davis, J. (1986). Are we systematically addressing the personal development of counselors-in-training? *The Wisconsin Counselor, 9, 7-10.*
- Post-Kammer, P.** (1986). Attribution for academic successes and failures of students participating and not participating in programs for the gifted. *Journal for the Education of the Gifted, 9, 123-131.*
- Doerfler, C., & **Post-Kammer, P.** (1986). Workaholism, sex and sex role stereotyping among female professionals. *Sex Roles, 14, 551-560.*

- Post-Kammer, P., & Smith, P. L.** (1985). Sex differences in career self-efficacy, considerations, and interests of 8th and 9th graders. *Journal of Counseling Psychology, 32*, 551-559.
- Post-Kammer, P., & Nickolai, S.** (1985). Counseling services for the siblings of the handicapped. *Elementary School Guidance and Counseling, 20*, 115-120.
- Post-Kammer, P.** (1985). Career and lifestyle expectations of rural 8th grade students. *The School Counselor, 33*, 18-25.
- Pavlak, M. F., & **Post-Kammer, P.** (1985). The effects of a career guidance program on the career maturity and self-concepts of delinquent youth. *The Journal of Vocational Behavior, 26*, 41-54.
- Cole, D., & **Post-Kammer, P.** (1984). Using creative writing and literature in divorce support groups. *Elementary School Guidance and Counseling Journal, 19*, 88-91.
- Post-Kammer, P.** (1984). Changes in beginning counseling students' self-perceptions. *Counseling and Values, 28*, 122-127.
- Post-Kammer, P.** (1984). Conceptual level of development as it relates to student participation in gifted programs. *Gifted Child Quarterly, 28*, 89-91.
- Post-Kammer, P., & Davis, J.** (1983). Counselor preparation and counselor education program management: A functional blend. *The Wisconsin Counselor, 7*, 16-19.
- Post-Kammer, P., & Perrone, P.** (1983). Career perceptions of talented individuals: A follow-up study. *Vocational Guidance Quarterly, 31*, 203-211.
- Post, P.** (1982). Conceptual level of development as an assessment for identifying gifted/talented students. *Exceptional Children, 49*, 263-264.
- Pulvino, C. J., & **Post, P.** (1982). Decision making: Helping students to learn the process. *The Wisconsin Counselor, 5*, 10-14.
- Perrone, P. A., Male, R. A., & **Post, P.** (1980). Programming for talented students' conceptual development. *Forward, 1*-33.
- Pulvino, C. J., & **Post, P.** (1979). The use of mental imagery in small groups. *The Journal for Specialists in Group Work, 4*, 216-221.

Monographs

- Perrone, P. A., **Post, P. B., & Morris-Jones, D.** (1977). *Procedures for programming for talented students*. Guidance Institute for Talented Students. University of Wisconsin at Madison: Department of Counseling.
- Perrone, P. A., Pulvino, C. J., & **Post, P.** (1977). *Counseling the gifted: An annotated literature review*. Guidance Institute for Talented Students. University of Wisconsin at Madison: Department of Counseling.

Book Reviews

Post, P. (March, 2006). Reviewed the proposed text, *Child Parent Relationship Therapy: 10 Step Filial Model* by Garry Landreth for Brunner-Routledge.

Post, P. (March, 2003). *Play Therapy: An Introduction*. For Merrill-Lynch.

Post, P. (January, 2001). *The Art of the Relationship*, 2nd edition by Garry Landreth. For Brunner-Routledge.

Post, P. (January, 2001). Reviewed the manuscript, *Theoretical Models of Counseling* by Kevin Fall, Janice Holden, and Andre Marquis. For Brunner-Routledge.

Post, P. (March, 2000). Reviewed the manuscript, *Linking Parents to Play Therapy: A Practical Guide with Applications, Interventions, and Case Studies* by Deborah Killough-McGuire and Donald E. McGuire. For Accelerated Development.

Post, P. (May, 1999). Reviewed the proposed text, *Play Therapy: Issues, Process, and Special Populations* by Garry Landreth. For Accelerated Development.

Post, P. (1979). Review of the book *Insights into Human Development. Guidelines for Pupil Services*, 17, 54. Invited.

ERIC Documents

Post, P., Stopanio, J. & Fielden, A. (1998). *Child-centered play therapy: Working with at-risk youth in the elementary school setting*. (Report No.CG023092). North Carolina. ERIC Document Reproduction Service. (ED 420 020).

PRESENTATIONS

National/International Presentations

Post, P., VanderGast, T., Moore, S., Martin, C. (2009, March). *Extending the Basics: Advanced Skills and Issues in Counseling Young Children*. Learning Institute at the 2009 Annual Conference of the American Counseling Association, Charlotte, NC.

Post, P., Moore, S., & Penn, S. (2009, March). *Critical Issues in Working with Parents of Young Children in Counseling*. Learning Institute at the 2009 Annual Conference of the American Counseling Association, Charlotte, NC. (Invited by the North Carolina Counseling Association).

Post, P., Ceballos, P., & Penn, S. (2008, October). *Layers of Supervision: Child Parent Relationship Training (CPR-T) in a Multicultural Context*. Pre-Conference presentation at the 25th Annual International Conference of Association for Play Therapy, Dallas, TX.

- Post, P.** (2008, September). Helping Children Through Child-Centered Play Therapy. Invited presentation at the 20th Annual International Conference of Attachment and Bonding, Concord, NC.
- VanderGast, T. & **Post, P.**, (2007, October) Child Parent Relationship Training (CPR-T) in a Multicultural Context: Layers of Supervision for a Win-Win with Parents and Counselors in Training. Presentation at the Annual Conference of the Association for Counselor Education and Supervision, Columbus, OH.
- Post, P.**, & Rapisarda, C. (2007, October) Using Sand Tray and Puppets in Counselor Education and Supervision to Promote Change. Poster Presentation at the Annual Conference of the Association for Counselor Education and Supervision, Columbus, OH.
- Post, P.**, and Miller, T. (2007, March) Addressing Diversity in Play Therapy through a Child-Centered Approach. Paper presented at the American Counseling Association Conference, Detroit, MI.
- Miller, T. and **Post, P.** (2007, March) Issues of Diversity in Play Therapy. Paper presented at the American Counseling Association Conference, Detroit, MI.
- Glazer, H. Guernsey, L., **Post, P.**, VanFleet, R., & White, J. (2003, October). Filial Therapy: Theory, Research, and Applications? Paper presented at the 20th Annual Association for Play Therapy International Conference, Norfolk, VA.
- Post, P.**, McAllister, M., and Sheely, A. (2003, October). Kinder training for teachers of at-risk preschoolers: Does It Make A Difference? Paper presented at the 20th Annual Association for Play Therapy International Conference, Norfolk, VA.
- Post, P.** (2002, October). Group play therapy with at-risk pre-schoolers: Do we make a difference? Paper presented at the 19th Annual Association for Play Therapy International Conference, St. Louis, MO.
- Post, P.** & Fraites, A. (2001, October). Play therapy with highly at-risk pre-school children. Paper presented at the 18th Annual Association for Play Therapy International Conference, Portland, OR.
- Furr, S.& **Post, P.** (2001, March). The practice of school Counseling: Actual versus ideal use of time. Presented at the annual meeting of the American Counseling Association, San Antonio, TX.
- Post, P.** & Kale, A (1999, November). Child-centered play therapy. Paper presented to Chi Sigma Iota chapter at Loyola University, New Orleans, LA.
- Post, P.** & Kale, A (1999, April). Child-centered play therapy. Paper presented at the annual meeting of the American Counseling Association, San Diego, CA.
- Post, P.** & Kale, A (1999, April). Filial therapy with parents of economically disadvantaged 4 and 5 year olds. Paper presented at the annual meeting of the American Counseling Association, San Diego, CA.

- Post, P.**, Fielden, A., Nash, K., Reges, H., & Stopanio, J. (1997, October). Child-centered play therapy: Working with at-risk youth in the elementary school setting, Paper presented at the annual meeting of the International Play Therapy Association, Orlando, FL.
- Davis, J., **Post, P.**, & Fouad, N. (1994, April). *Personal growth activities for counselors-in-training: Four different approaches described*. Paper presented at the annual meeting of the American Counseling Association, Minneapolis, MN.
- Post, P.**, & Webb, W. (1991, April). *Impact of personality and life experiences upon empathy among counseling students*. Paper presented at the annual meeting of the American Association for Counseling and Development, Reno, NV.
- Post, P.** (1988, October). *Counseling dilemmas: How do counselors decide?* Paper presented at the meeting of the Association for Counselor Education and Supervision, St. Louis, MO.
- Post, P.** (1988, March). *Counseling runaway adolescents*. Paper presented at the annual meeting of the American Association for Counseling and Development, Chicago, IL.
- Post-Kammer, P.** (1987, June). *Counseling runaway adolescents*. Paper presented at the annual meeting of the American School Counselor Association Elementary/Middle School Conference, Columbus, OH.
- Fouad, N., & **Post-Kammer, P.** (1987, April). *Impact of relationships on the career development of women*. Paper presented at the annual meeting of the American Association for Counseling and Development, New Orleans, LA.
- Post-Kammer, P.**, & Fouad, N. (1986, April). *Work values and sex-role orientation of women*. Paper presented at the annual meeting of the American Association for Counseling and Development. Los Angeles, CA.
- Post-Kammer, P.**, & Hall, E. (1986, April). *Black math and science majors: Why so few?* Paper presented at the annual meeting of the American Educational Research Association, San Francisco, CA.
- Post-Kammer, P.**, & Smith, P. (1985, April). *Career self-efficacy, consideration, and interests of 8th and 9th grade students*. Paper presented at the annual meeting of the American Educational Research Association, Chicago, IL.

State/Regional Presentations

- Post, P.**, Ferguson, K., Wittmann, Elaine, Esposito, J., & Penn. S.. (2008, November). Panel on Play Therapy Supervision . *Presented at the annual meeting of the North Carolina Association for Play Therapy*, Burlington, NC.
- Post, P.**, (2008, October). Using Play Therapy in the School Setting. *Presentation at the annual meeting of the North Carolina School Counseling Association*, Greensboro, NC.
- Post, P.**, (2008, October). Play Therapy with At-Risk Children. *Invited presentation at the Multicultural Perspectives in Counseling Lecture Series, UNCC, Charlotte, NC.*

- Post, P.**, Moore, S., Martin, C., Griffith, L., & Phelps, L. (2008, September). Introduction to Child-Centered Play Therapy. *Invited presentation at the fall drive-in meeting of the North Carolina Counseling Association*, Charlotte, NC.
- Post, P.** Moore, S., & Martin, C. (2008, February). Play Therapy: Helping Our Children Heal. *Presented at the annual meeting of the North Carolina Counseling Association*, Durham, NC.
- Post, P. & Moore, S.** (2008, February). Issues in Play Therapy: Working with Parents and Setting Limits. *Presented at the annual meeting of the North Carolina Counseling Association*, Durham, NC.
- Post, P. & Penn. S..** (2007, October). Child Centered Play Therapy For Beginners. *Presented at the annual meeting of the North Carolina Association for Play Therapy*, Raleigh, NC.
- Post, P. & Penn. S..** (2007, October). Ethical Decision Making and its Application in Play Therapy. *Presented at the annual meeting of the North Carolina Association for Play Therapy*, Raleigh, NC.
- Post, P. & Moore, S.** (2007, October). Addressing Diversity through Child Centered Play Therapy: Theory. *Presented at the annual meeting of the North Carolina School Counseling Association*, Greensboro, NC.
- Post, P. & Moore, S.** (2007, October). Addressing Diversity through Child Centered Play Therapy: Skills. *Presented at the annual meeting of the North Carolina School Counseling Association*, Greensboro, NC.
- Post, P., & Miller, T.** (2007, June) Addressing Diversity in Play Therapy through a Child-Centered Approach. Presentation at the 1st Annual UNCC Center for Play Therapy Conference, Charlotte, NC.
- Post, P., Martin, A., & VanderGast, T.** (2007, February). Play therapy: Building a therapeutic relationship with children. *Presented at the annual meeting of the North Carolina Counseling Association*, Durham, NC.
- Post, P., VanderGast, T. & Martin, A.** (2007, February). Child Parent Relationship Training (CPR-T): Collaborating with Families to Build Stronger Connections. *Presented at the annual meeting of the North Carolina Counseling Association*, Durham, NC.
- Esposito, J. & **Post, P.** (2007, February). Building relationships through play. *Presented at the annual meeting of the North Carolina Counseling Association*, Durham, NC.
- Miller, T. and **Post, P.** (2006, November). Play Therapy: Building a Therapeutic Relationship with Children in the School Setting . *Presented at the annual meeting of the North Carolina School Counseling Association*, Greensboro, NC.
- Post, P.** and Miller, T. (2006, November). Working with Parents and Teachers: An Essential Ingredient to Helping Children. *Presented at the annual meeting of the North Carolina School Counseling Association*, Greensboro, NC.

- Post, P.** (2006, February). Play Therapy: Building a Therapeutic Relationship with Children. *Presented at the annual meeting of the North Carolina Counseling Association, Durham, NC.*
- Post, P.** (2006, February). Issues in Play Therapy: Setting Limits and Working with Parents. *Presented at the annual meeting of the North Carolina Counseling Association, Durham, NC.*
- Post, P.** (2005, November) Ethical Issues for Play Therapists. *Presented at the meeting of the North Carolina Association of Play Therapy, Winston Salem, NC.*
- Post, P.** (2005, October). Play Therapy: Building a Therapeutic Relationship with Children. *Presented at the annual meeting of the North Carolina School Counselors Association, Greensboro, NC.*
- Post, P.** (2005, February). Play Therapy: Building a Therapeutic Relationship with Children. *Presented at the annual meeting of the North Carolina Counseling Association, Charlotte, NC.*
- Bruner, D., Reeder, S., & **Post, P.** (2005, February). ADHD: Promising Intervention Strategies at School and at Home. *Paper presented at the annual meeting of the North Carolina Counseling Association, Charlotte, NC.*
- Post, P.,** & Wierzalis, E., (2004, November). School counselor's responsibilities: A survey of competence and interest. *Paper presented at the annual meeting of the North Carolina School Counselor Association, Winston Salem, NC.*
- Post, P.** & Miller, T. (2004, November). Play therapy: The beginning skills, Winston Salem, NC.
- Post, P.,** Wierzalis, E., Amy Bowman, Suzanne Cochran, & Stephanie El (2004, June). Students and Faculty Share Their Thoughts and Data: How One "Traditional" Counselor Education Program Is Changing. Paper presented at the Fifth School Counseling Summer Academy, Transforming School Counseling: *Counselors Count in Accountability*, Norfolk, VA.
- Post, P.,** & Fornwalt (2004, February). Play therapy for beginners. Paper presented at the annual meeting of the North Carolina Counselor Association, Charlotte, NC.
- Post, P.,** & Fornwalt (2004, February). Play therapy: Practicing the skills. Paper presented at the annual meeting of the North Carolina Counselor Association, Charlotte, NC.
- Post, P.,** McAllister, M., Sheely, A. (2003, November). Kinder training for teachers of at-risk preschoolers: Does it make a difference? Paper presented at the annual meeting of the North Carolina School Counselor Association, Greensboro, NC.
- Post, P.,** Sheely, A., Hess, B., McAllister, M. (2003, February). Play therapy for beginners. Paper presented at the annual meeting of the North Carolina Counselor Association, Charlotte, NC.

- Post, P.**, Sheely, A., & Miller, T. (2002, November). Play therapy for beginners. Paper presented at the annual meeting of the North Carolina School Counselor Association, Raleigh, NC.
- Post, P.** (2002, April). Family matters: Play therapy in the family context. Paper presented for the North Carolina School Counselor Association, Charlotte, NC.
- Post, P.**, Love, J., Sheely, A., Miller, T., & Palandino, F. (2002, February). Child-centered play therapy: The basic skills. Paper presented at the annual meeting of the North Carolina School Association, Greensboro, NC.
- Post, P.** (2001, November). Group play therapy with highly at-risk pre-school children. Paper presented at the annual meeting of the North Carolina School Counselor Association, Greensboro, NC.
- Post, P.**, Sheely, A., Smith, M., & Love, J. (2001, November). Play therapy for beginners. Paper presented at the annual meeting of the North Carolina School Counselor Association, Greensboro, NC.
- Post, P.** & Pausman, E. (2000, November). Advanced play therapy: Advanced skills. Paper presented at the annual meeting of the North Carolina School Counselors Association, Greensboro, NC.
- Kale, A. & **Post, P.** (2000, February). Child-centered play therapy: Advanced skills. Paper presented at the annual meeting of the North Carolina Counselors Association, Charlotte, NC.
- Post, P.** & Pausman, E. (1999, November). Child-centered play therapy: Advanced skills. Paper presented at the annual meeting of the North Carolina School Counselors Association, Greensboro, NC.
- Pausman, E. & **Post, P.** (1999, November). Child-centered play therapy: For beginners. Paper presented at the annual meeting of the North Carolina School Counselors Association, Greensboro, NC.
- Post, P.**, and Pausman, E. (1999, February). Parent-child relationship training with parents of at-risk 4 year old in a public school setting. Paper presented at the annual meeting of the North Carolina Counselors Association, Greensboro, NC.
- Post, P.**, Pausman, E., and Edwards, A. (1999, February). Child-centered play therapy. Paper presented at the annual meeting of the North Carolina Counselors Association, Greensboro, NC.
- Post, P.**, Pausman, E., and Edwards, A. (1999, February). Building relationships with parents of children in play therapy. Paper presented at the annual meeting of the North Carolina Counselors Association, Greensboro, NC.
- Furr, S., Preston, D., and **Post, P.** (1999, February). Focus on professional practice: Do N.C. counselors need a professional journal? Paper presented at the annual meeting of the North Carolina Counselors Association, Greensboro, NC.

- Post, P.**, Kale, A., and Pausman, E. (1998, November). Building relationships with parents of children in play therapy. Paper presented at the annual meeting of the North Carolina School Counselors Association, Winston Salem, NC.
- Post, P.**, Kale, A., Pausman, E., and Edwards, A. (1998, November). Child-centered play therapy. Paper presented at the annual meeting of the North Carolina School Counselors Association, Winston Salem, NC.
- Kale, A., and **Post, P.** (1998, March). Child-centered play therapy. Paper presented at the annual meeting of the North Carolina Counselors Association, Chapel Hill, NC.
- Post, P.**, Fielden, A., Nash, K., Reges, H., & Stopanio, J. (1998, March). Child-centered play therapy: Working with at-risk youth in the elementary school setting. Paper presented at the annual meeting of the North Carolina Counselors Association, Chapel Hill, NC.
- Nassar-McMillan, S. & **Post, P.** (1998, March). Ethics reconsidered: Review of the ACA Ethical Standards Casebook. Paper presented at the annual meeting of the North Carolina Counselors Association, Chapel Hill, NC.
- Post, P.**, Heather Reges, & Joe Stopanio (1997, November). Child-centered play therapy: Working with at-risk youth in the elementary school setting. Paper presented at the annual meeting of the North Carolina School Counselors Association, Winston Salem, NC.
- Post, P.**, & Bradey, J. (1991, April). *Systematic monitoring of students during counselor education programs*. Paper presented at the annual meeting of the American Association for Counseling and Development, Reno, NV.
- Nassar-McMillian, S. & **Post, P.** (1997, February). Hidden opportunities: Domestic violence identification and intervention. Paper presented at the annual meeting of the North Carolina Counselor Association, Greensboro, NC.
- Post, P.** & York, B. (1996, March). *Using play therapy in a developmental elementary school program*. Paper presented at the annual meeting of the North Carolina Counselor Association, Charlotte, NC.
- Post, P.** (1995, November). *Play therapy in the schools*. Paper presented at the annual meeting of the North Carolina School Counselor Association, Charlotte, NC.
- Post, P.** (1995, March). *Career concerns of gifted females*. Paper presented at the annual meeting of the North Carolina Counseling Association. Raleigh, NC.
- Post, P.** (1990, March). *High-risk kids and counseling issues in the schools*. Paper presented at Eleventh Annual Child and Family Development Program, Families at High Risk, The University of North Carolina at Charlotte, Charlotte, NC.
- Post, P.** (1988, April). *Counseling dilemmas: How do counselors decide?* Paper presented at the Second Annual Chi Sigma Iota All State Conference and Fifth Annual Ohio Valley Counselors Conference, Athens, OH.

- Post-Kammer, P.** (1987, November). *Counseling runaway adolescents*. Paper presented at the annual meeting of the All Ohio Counselors Conference, Columbus, OH.
- Post-Kammer, P.** (1987, August). *Values clarification*. Paper presented at the Twelfth Annual Martin W. Essex School for the Gifted, Investing in Futures, Columbus, OH.
- Post-Kammer, P.** (1986, February). *Counseling runaways and their families*. Paper presented at the annual meeting of the Wisconsin School Counselor, Stevens Point, WI.
- Post-Kammer, P., & Hall, E.** (1985, March). *Black math and science majors: Why so few?* Paper presented at the meeting of the University of Wisconsin System's Fifth National Multicultural Conference: Academic Excellence Within a Multicultural Framework, Oshkosh, WI.
- Post-Kammer, P.** (1986, February). *Circle groups or teaching our students to listen*. Paper presented at the annual meeting of the Wisconsin School Counselor Association, Stevens Point, WI.
- Post-Kammer, P.** (1985, October). *Effectiveness of self-help groups in reducing child abuse*. Paper presented at the annual meeting of the Wisconsin Association for Counseling and Development, Madison, WI.
- Post-Kammer, P.** (1985, October). *Counseling siblings of the handicapped*. Paper presented at the annual meeting of the Wisconsin Association for Counseling and Development, Oconomowoc, WI.
- Post-Kammer, P.** (1985, February). *Counseling siblings of the handicapped*. Paper presented at the annual meeting of the Wisconsin School Counselor Association, Stevens Point, WI.
- Post-Kammer, P.** (1984, November). *Counseling students' attitudes towards personal counseling*. Paper presented at the annual meeting of the North Central Association for Counselor Education and Supervision, Chicago, IL.
- Post-Kammer, P.** (1983, February). *Problems and promise of gifted females: Implications for counselors*. Paper presented at the annual meeting of the Wisconsin School Counselor Association, Stevens Point, WI.
- Post-Kammer, P.** (1982, February). *Assessment in counselor training*. Paper presented at the annual meeting of the North Central Association for Counselor Education and Supervision, Chicago, IL.
- Post-Kammer, (1982, October). *Career development of talented females*. Paper presented at the annual meeting of the Wisconsin Personnel and Guidance Association, Madison, WI.
- Post-Kammer, P.** (1982, February). *Career development of talented females*. Panel discussion moderator at the meeting of the Midwest Conference on Gifted and Talented Children, Milwaukee, WI.
- Post, P.** (1980, October). *Career and lifestyle planning of gifted and talented students*. Paper presented at the annual meeting of the Northeastern Wisconsin Educational Association,

in conjunction with the Association for the Education of Gifted and Talented, Madison, WI.

Post, P. (1980, July). *Moral level of development*. Paper presented at the 11th Annual Summer Workshop in Counseling and Guidance, University of Wisconsin, Madison, WI.

Post, P. (1980, October). *Strategies that work with gifted and talented students*. University of Wisconsin - Whitewater Counseling Conference, Whitewater, WI.

Post, P. (1978, March). *Renzuilli's Enrichment Triad Model*. Paper presented at the meeting of the Wisconsin Conference for Gifted and Talented, Oconomowoc, WI.

Local Presentations

Post, P. (2003, October). Play therapy with at-risk children in a school setting. Embracing Diversity Conference at UNCC, Charlotte, NC.

Post, P. and McAllister, M. (2003, April). Kinder training for teachers of at-risk pre-school children. Paper presented for the USTEP Conference, Charlotte, NC.

Post, P. (2002, April). Kinder training for teachers of at-risk pre-school children. Paper presented for the USTEP Conference, Charlotte, NC.

Grants

Submitted

Post, P., & Ceballos, P. *Assessing the impact of play therapy interventions on problem behaviors and academic competence of at-risk elementary school children*, Research Grants, Association for Play Therapy (\$20,000).

Funded research

Post, P. (2001). *U-STEP Partnership: Kinder Training for Teachers of At-Risk Pre-School Children*, UNCC (\$15,000.)

Post, P. (1998). *In-service training with teachers at Tryon Hills Pre-K Center*. Charlotte Mecklenburg Public Schools. (\$600.).

Post, P. (1998). *Impact of child-centered relationship training on at-risk 4 year olds and their parents*. Faculty Research Grants, Faculty Development Program, UNCC. (\$4,920).

Post, P. (1996). *Evaluating the effectiveness of play therapy among at-risk students at Tryon Hills Elementary School*. Charlotte Mecklenburg Public Schools. (\$11,725).

Berne, L., & **Post, P.** (1994). *Life management skills Summer Institute for school counselors and health education teachers*. Curriculum and Instruction Development Grant, Faculty Development Program. (\$8,200). Instructional grant.

- Robinson, B., & **Post, P.** (1992). *A cross cultural comparative study of the psychological adjustment of children of alcoholics in Russia and the United States.* Faculty Research Grants, Faculty Development Program, UNCC. (\$8,200). Research grant.
- Post-Kammer, P.,** and Webb, W. (1989). *Impact of personality factors and background experiences upon counseling students' ability to demonstrate accurate empathy.* Faculty Research Grants, Faculty Development Program, UNCC. (\$7,730). Research grant.
- Post-Kammer, P.** (1988). *Factors related to the success of black undergraduates at The Ohio State University.* Small research grants. College of Education. (\$690). Research grant.
- Post-Kammer, P.** (1987). *Assessing the needs of runaway adolescents following their residence in a runaway shelter.* Research Challenge Grant, Department of Educational Services and Research. The Ohio State University. (\$3,990) Research grant.
- Post-Kammer, P.** (1986). *Follow-up and evaluation of Pre-College Program.* Office of the Vice Chancellor, UWM, Course release provided. Research grant.
- Post-Kammer, P.** (1986). *Variables effecting math and science participation and achievement among black high school students.* Research and Extramural Funding Committee, UWM, Course release provided. Research grant.
- Williams, R., & **Post-Kammer, P.** (1985). *Upward Bound Project.* U.S. Department of Education. This was a cooperative project through the Vice Chancellor's Office at UWM. The candidate wrote the evaluation component of the grant (\$244,294). Training grant.
- Post-Kammer, P.** (1984). *Follow-up study of Pre-College Program participants.* UWM Graduate School, Course release provided. Research grant.
- Hall, E., & **Post-Kammer, P.** (1984). *Videotapes for the career counseling of minority students.* UWM Graduate School, Course release provided. Research grant.
- Post-Kammer, P.** (1982). *Strengthening and enhancing a pre-collegiate program for minority and disadvantaged students.* Research Incentive Grant, UWM. Research grant.
- Non-funded research
- Post, P.** (2008). *Supporting Children at Risk through Comprehensive School Counseling Interventions Elementary and Secondary School Counseling Programs.* U.S. Department of Education, Office of Safe and Drug-Free Schools. (\$371,927).
- Post, P.** (2008). *Supporting Children at Risk at Koontz Elementary School.* Blanche & Julian Robertson Family Foundation, Inc. (\$30,300).
- Post, P.** (2005). *Play Therapy Training Room Support.* Knight Foundation of the Foundation for the Carolinas (\$8,000).
- Post, P.** (1998). *Impact of child-centered relationship training on at-risk 4 year olds and their parents.* North Carolina Children's Trust Fund, NCDPI. (\$15,000).

- Post, P.** (1997). *Impact of filial therapy groups on parents and their children*. Faculty Research Grant, Faculty Development Program, UNCC. (\$4,000.).
- Post, P.** (1997). *Impact of filial therapy groups on parents' self-esteem, locus of control, anxiety, and communication*. Faculty Research Support Grants, Faculty Development Program, UNCC. (\$4,494.28).
- Post, P.** (1995). *Discrepancy between the ideal role of school counselors and their actual job responsibilities*. Faculty Research Grants, Faculty Development Program, UNCC. (\$4,086.)
- Post, P.** (1995). *Discrepancy between the ideal role of school counselors and their actual job responsibilities*. Small Grants School-Based Research Program, State of North Carolina. (\$9090).
- Post, P.,** and White, R. (1994). *School Counselor Preparation Project*. U. S. Department of Education. (\$343,683).
- Post, P.** (1988). *Evaluating the impact of role models on the career development of black students*. Affirmative Action Grant Program, The Ohio State university (\$28,556).
- Post, P.** (1988). *Factors related to the retention of black students: From their perspective*. Affirmative Action Grant Program, The Ohio State university (\$27,423).
- Post, P.** (1987). *Evaluating the impact of role models on the career development of black students*. University Seed Grant, Office of Research and Graduate Studies, The Ohio State University (\$17,500).
- Post-Kammer, P.** (1986). *Perceptions of ethical situations and counseling performance of counselor trainees*. University Seed Grant, Office of Research and Graduate Studies, The Ohio State University (\$16,701).
- Post-Kammer, P.** (1986). *Counseling the remaining: Helping families with missing adults*. American Association for Counseling and Development (\$2,200).
- Hall, E., & **Post-Kammer, P.** (1983). *Videotapes to provide female role models in scientific and mathematical careers*. Women's Educational Equity Project, U.S. Department of Education (\$59,663).
- Hall, E., & **Post-Kammer, P.** (1983). *Videotapes to provide minority role models in scientific and mathematical careers*. Fund for the Improvement of Post-Secondary Education, U.S. Department of Education (\$84,799).
- Hall, E., & **Post-Kammer, P.** (1982). *Strengthening and enhancing a pre-collegiate program for minority and disadvantaged students*. Fund for the Improvement of Post-Secondary Education, U.S. Department of Education (\$43,735).

PROFESSIONAL SERVICE

Service to the University

University of North Carolina - Charlotte

University

Faculty Hearing Committee (2009-2012)
Presentation to McNair Scholars (2007)
Outstanding Dissertation Committee (2006)
O. Max Gardner Award Committee (2005)
First Citizens Bank Scholars Medal Committee (2002-2004)
Faculty Hearing Committee (2000-2004)
Faculty Competitive Grants Committee, Alternate (2000-2002)
Faculty Honorary Degree Advisory Committee (1999-2001)
Faculty Grievance Committee (1996-2000)
Campus Alcohol Initiative Response Task Force (1995)
Search Committee for Dean of College of Education and Allied Professions (1992-1993)
Search Committee for Assistant Director of Center for Student Employment and Career Services (1990)

College of Education

Chair, College Review Committee (2006-2007)
Counseling Program Writer for DPI Accreditation Report (2005)
Chair, College Review Committee (2005-2006)
Chair, 2005 College of Education Award for Excellence in Teaching (2005)
College Review Committee (2004-2005)
Writer for DPI review for Fall, 2005 accreditation visit
Teacher Education Council (2002 – 2003)
NCATE Standards 1 Subcommittee (2003 – Present)
Alternate, Faculty Employment Status Committee (2001-2003)
College Graduate Curriculum Committee (1998-2002)
Prepared documentation for NCDPI visit for counseling program (2000)
At Large Member, College Review Committee (1998-1999)
Program Review Team in Educational Research and Evaluation (1995-1996)
Graduate Curriculum Committee (1995-96)
Faculty Search Committee: Research and Evaluation (1995)
Faculty Search Committee: Assessment and Measurement (1995)
Ad hoc Committee on Teaching Awards (Summer, 1994)
Consortia Committee (Fall, 1993)
College Review Committee At-Large Representatives (1991-1992)
Faculty Summer Sessions Advisory Committee, Alternate (1990-1991)
Program Evaluation Committee (1990-1991)

Department of Counseling

Director, Center for Play Therapy Training (2009)
Coordinator, Graduate Certificate in Play Therapy (2009)
Departmental Review Committee (2007-2008)
Coordinator, Ph.D. Program (2005-2008)
Coordinator, MA Program (2004-2005)
Chair, MA Admissions Committee (2004-2005)

Department of Counseling, Special Education, and Child Development

Coordinator, MA Program (2002-2004)
Chair, MA Admissions Committee (2002-2003)
Departmental Review Committee (2001-2002)
Chair, Departmental Review Committee (1997-1998)
Departmental Review Committee (1996-1997)

Department of Human Services

Search Committee, School Position, Counselor Education (1996)
Search Committee, Community Position, Counselor Education (1996)
Search Committee, Clinical Position, Counselor Education (1996)
Readmission Committee for Graduate Students (1995-1996)
Chair, Departmental Review Committee (1994-1995)
Departmental Review Committee (1993-1994)
Readmission's Committee for Graduate Students (1993-1994)
Chair, Search Committee for Counselor Education faculty (1993-1994)
Departmental Review Committee (1992-1993)
Faculty Search Committee (1991-1992)
Faculty Council (1990-1991)
Faculty Search Committee (1989-1990)

Counselor Education Area

Counseling Search Committee (2003-2004)
Coordinator of MA Program (January, 2003 – Present)
 Program Coordinator (May, 2001 – January, 2003)
Admissions Coordinator (2001-2002)
CACREP Coordinator (2001-2002)
 Coordinated the preparation and presentation of CACREP document (2001)
 Chair, Counselor Education Search Committee (2000-2001)
 Clinical Coordinator (1999 – Present)
 Chair, Admissions Committee (1997-1998)
Assistant Chair, Comprehensives Committee (1997-1999)
Mentor, Dr. Jane Carroll (1995-1996)
Mentor, Dr. Jeanne Stubbs (1994-1995)
Drafted the following area documents: Student Handbook (1992-Present)
 Drafted and maintained site list for practicum and internship students (1991-1994)
Drafted initial CACREP document (1992-1993)
Coordinator of Area (Fall, 1992)
 Conducted, analyzed, and reported results of follow-up study of counselor education graduates (1992)
 Coordinate practicum meetings (1991-1995)

The Ohio State University

College of Education

College Task Force on State Certification Exams (1989)

Department of Human Services Education

Faculty Search Committee, Affirmative Action Advocate (1989)
College Awards Committee (1989)
Graduate Studies Committee (1987-1988)
Personnel Committee (1988)

University of Wisconsin - Milwaukee

University

Minority Academic Achievement Scholarship Selection Committee (1986)
Admissions and Record Policy Committee (1983-1986)
Readmission Review Committee (1983-1984)
Summer Session In-Person Registration Study Group (1983)

School of Education

Educational Studies Advisory Committee (1984-1986)
Student Appeals Committee (1984-1986)
Academic Affairs Committee (1983-1986)
Out-of-State Travel Committee (1983-1986)
Human Relations Committee (1982-1986)
Breakfast Forum Planning Committee (1982-1985)
Ad Hoc Committee for Behavioral Studies (1985)
UWM Alumni Association Awards Committee (1982)
Educational Placement Committee (1982)

Service to the Profession

Editorial Service

2005 – Present	Journal of Humanistic Counseling, Education and Development
1998 – 2006	International Journal of Play Therapy
1998	Invited Reviewer, American Educational Research Journal
1991-1994	Counselor Education and Supervision
1988-1991	Career Development Quarterly

National service to the counseling profession

Served as the school counseling representative on a CACREP visitation team for reaccreditation of the Texas Woman's University's counselor education program (Fall, 2007)

Served as the school counseling representative on a CACREP visitation team for reaccreditation of the Georgia State University's counselor education program (Fall, 2002).

Served as the school counseling representative on a CACREP visitation team for reaccreditation of the University of Florida's counselor education program (Summer, 1997).

Professional Leadership Positions

Association of Play Therapy (2001-Present)
Registration and Continuing Education Committee (2008 – Present)
Ethics Committee (2004-2005)
Chair, Research Committee (2001-2004)
Research Committee (2000-2004)
APT-ACA Committee (2003 – 2004)

North Carolina Counseling Association
Past-President (2001-2002)
President (2000-2001)
President Elect (1999-2000)
Media/technology Committee, Chair (1998-1999)
Chair, Ethics Committee (1995-96)

NC Association of Play Therapy
Board member (2003-2006)
Charter Member and Member of the Board (2000-2002)

Association for Religious, Spiritual, and Ethical Issues in Counseling
Secretary (2000-2001)

Chi Sigma Iota, International
Awards Committee (1998-99)
Awards Committee (1997-98)
UNCC Faculty Sponsor (Fall 1990)

Association for Religious and Value Issues in Counseling
Professional Membership (1990-1991)

American Association for Counseling and Development
Task Force, Need for Training Standards for Community/Agency Counseling
Areas (1990-1991)

Midwest Educational Research Association
Chair, Human Development and Counseling Division (1988-1989)

Ohio Career Development Association
Secretary (1987-1989)

Ohio Association for Counseling and Development
Chair, Awards Committee (1987-1988)

American Association for Specialists in Group Work
Chair, State Divisions Committee (1986-1988)

Wisconsin Career Guidance Association
Member-at-Large (1982)
Newsletter Editor (1985)

Wisconsin Association of Counselor Education and Supervision

Secretary-Treasurer (1983)

Professional Consultation

Private counseling practice conducting play therapy with pre-schoolers (approximately 2 hours per week) (2000-2003). Charlotte, NC. Paid.

Private counseling practice (approximately 3 hours per week) (1982-1986). Milwaukee, WI. Paid.

Group leader (1982-1985). Parents Anonymous, Milwaukee, WI. Unpaid.

Volunteer counselor at Hartford Elementary School (1981-1982). Milwaukee, WI. Unpaid.

Service to the Community

Post, P. (2008 - Present). Board member. Seigle Avenue Pre-School, Charlotte, NC.

Post, P. (November, 2007). Introduction to play therapy. Workshop to staff of Genesis Project, Charlotte, NC.

Post, P. (September, 2007 – Present). Counselor (play therapy) for one afternoon/evening a week at United Family Services, Concord, NC (Paid).

Post, P. (October - December, 2006). Supervised MA and Ph.D. students conducting filial therapy groups at Seigle Avenue Preschool, Charlotte, NC.

Post, P. (December, 2006 and February, 2007). Group facilitator for Spring Family Weekends for Victory Junction, Greensboro, NC.

Post, P. (July, 2006). Play and Filial Therapy. Presentation to Play Therapy class at Lenoir Rhyne College, Hickory, NC.

Post, P. (May, 2006). Presentation on Play and Filial Therapy: Approaches to Working with Substance Abusing Families to Jonnie McLeod Institute on Substance Abuse, Charlotte, NC.

Post, P. (April, 2006). Presentation on Play Therapy: Building a Therapeutic Relationship with Children to Child and Family Development Conference, Charlotte, NC.

Post, P. (November, 2005). Presentation on Play Therapy: Building a Therapeutic Relationship with Children to Cabarrus Family Friends, Concord, NC.

Post, P. (November, 2005). Presentation on Filial Therapy to North Carolina Family-Based Services Association, Gastonia, NC.

Post, P. (September, 2005). Presentation on Filial Therapy to counselors at Crossroads Counseling Center. Hickory, NC

- Post, P.** (September, 2005). Presentation on Play and Filial Therapy to counselors from United Family Services. Charlotte, NC
- Post, P.** (April, 2005). Child Centered Play Therapy: A Healing Relationship. Spotlight On Research Seminars for Spring 2005.
- Post, P.** (March, 2004). Presentation to CSLG 6130 on Play Therapy.
- Post, P.** (2002- Present), Coordinator of Mary Thomas Burke Alive Group at the Jewish Community Center.
- Post, P.** (2002-2003). Member of the Board of Catherine's House, Sisters of Mercy.
- Post, P.** (March, 2002). Setting Limits for Our Children. Catholic Elementary and Middle Schools, Charlotte, NC.
- Post, P. & Sheely, A.** (February, 2002). Creative Discipline. Thompson's Child Development Center, Charlotte, NC.
- Post, P.** (April, 1999). Responded to questions on phone line for WBTV with calls from parents and children in crisis over the bomb threat at Butler.
- Post, P.** (1999, April). Presentation. A bird's eye view into a child's world through play, All Saints Elementary School, Charlotte, NC.
- Post, P., and Kale, A.,** (1999, February). Presentation. Communicating with at-risk children and their families, Countryside Montessori School, Charlotte, NC.
- Post, P.** (1998, May). Presentation. Ethical standards in substance abuse counseling, Cabarrus Family Recovery Center, Concord, NC.
- Post, P.** (1998, March). Presentation. Child-centered play therapy: First Behavior Management/Alternative Learning Conference, Charlotte, NC.
- Post, P.** (1998, March/April). 10 hour service. Child-centered play therapy: A presentation to teachers at Tryon Hills Pre-K Center, Charlotte, NC.
- Post, P. & Kale, A.** (1998, February). Presentation. Child-centered play therapy: A presentation to parents at Bright Horizons, Charlotte, NC.
- Post, P. & Kale, A.** (1998, February). Presentation. Child-centered play therapy: A presentation to teachers at Bright Horizons, Charlotte, NC.
- Post, P.** (1998, February). Presentation. Portfolio Development. Mu Tau Beta Counseling Career Day, Charlotte, NC.
- Post, P.** (1998, January). Presentation. Communicating with and motivating 5 to 8 year olds. Fifth Annual Conference of the Carolina 4-H Leaders, Charlotte, NC.
- Post, P.** (1997-98). Consultant at Tryon Hills Pre-K School to help them develop two model playrooms to work with at-risk 4 year olds with a \$5000. grant they received

- Post, P.** (1998, January). Child-centered play therapy: Working with at-risk youth in the elementary school setting. Metrolina Play Therapy Association, Charlotte, NC.
- Post, P.** (1997). Guest lecturer in Dr. Piel's ELED 3120 on the topics of school counseling and play therapy: Spring semester, 1997, November 18, 1997, November 20, 1997
- Post, P.** (1996-1997). Counselor. Tryon Hills Elementary School, UNCC Alternative Service Agreement.
- Post, P.** (1996, Spring). Consultant. Attendance Committee, Garinger High School, Charlotte, NC.
- Post, P.** (1996, February). Presentation. Gender Issues Among Elementary School Students, Beverly Woods Elementary School, Charlotte, NC. Unpaid.
- Post, P.** (1995, April). Presentation. Social and Emotional Concerns of the Gifted. Parents for the Advancement of Gifted Education, Charlotte, NC. Unpaid.
- Post, P.** (1995, Spring). Consultant. Review of School Counselor Competencies for the Metrolina Consortium Review Committee. Agreement between the University of North Carolina at Charlotte and Charlotte-Mecklenburg Schools. Charlotte, NC. Paid.
- Post, P.** (1994, November). Presentation. Ethical Standards in Substance Abuse Counseling. Chemical Dependency Association, Charlotte, NC. Unpaid.
- Post, P.** (1994, November). Representative. Graduate and Professional School Fair, Livingstone College, Salisbury, NC. Unpaid.
- Post, P.** (1993, June). Presentation. Ethical Issues in Counseling Adolescents. Agency-to-Agency Roundtable, Mecklenburg Council on Adolescent Pregnancy, Charlotte, NC. Unpaid.
- Post, P.** (1993, January). Presentation. Ethical Standards in Substance Abuse Counseling. Open House, Charlotte, NC. Unpaid.
- Post, P.** (1993, February). Consultant. Facilitated assessment by civic, government, business, church, and educational leaders of Sisters of Mercy of the Americas for their strategic planning process. Belmont, NC. Unpaid.
- Post, P.** (1991, October). Presentation. Being Jewish. B'nai B'rith Women, Charlotte, NC. Unpaid.
- Post, P.** (1991, October). Presentation. Counseling suicidal clients. Metrolina AIDS Project Staff, Charlotte, NC. Unpaid.
- Post, P.** (1991, October). Presentation. NBCC Certification Requirements. UNCC Chi Sigma Iota, Charlotte, NC. Unpaid.
- Post, P., & Robinson, B. E.** (1991, August). Presentation. Counseling skills. All Soviet Institute for Addiction, Moscow, USSR. Unpaid.

- Post, P.** (1991, August). Presentation. Counseling in schools. All Soviet Institute for Addiction, Moscow, USSR. Unpaid.
- Post, P.** (1991, January). Consultant. Preventing racism on campus, University of North Carolina at Charlotte, Charlotte, NC. Unpaid.
- Post, P.** (1989, June). Presentation. Circle groups: How classroom teachers can help through leading groups. Central Ohio Special Education Regional Resource Center, Columbus, Ohio. Unpaid.
- Post, P.** (1989, April). Consultant. Group Skills. Guidance Skills Workshops, Department of Education, Delaware, Ohio. Unpaid.
- Post, P.** (1989, March). Consultant. Circletime. Central Ohio Elementary Conference, Columbus, Ohio. Unpaid.
- Post, P.** (1988, October). Presentation. Parenting the gifted/talented: Issues and assessments. Dublin, Ohio. Unpaid.
- Post, P.** (1988, June). Invited article. Ethics committee. Guidelines, 15, 4.
- Post-Kammer, P.** (1986, Summer). Consultant. Career confidence for junior and senior high school minority students. Division of Outreach and Continuing Education, University of Wisconsin - Milwaukee. Unpaid.
- Post-Kammer, P.** (1986, Spring). Consultant. Career confidence for junior and senior high school minority students. Division of Outreach and Continuing Education, University of Wisconsin - Milwaukee. Unpaid.
- Post-Kammer, P.** (1986, Spring). Consultant. Wisconsin Development Guidance Model, Northeastern Wisconsin Education Association, Sheboygan, WI. Unpaid.
- Post-Kammer, P.** (1985, Fall). Consultant. Teacher advisor training program, East Troy, WI. Unpaid.
- Post-Kammer, P.** (1985, September). Consultant. Group work techniques, B'nai B'rith Youth Organization, Milwaukee, WI. Unpaid.
- Post-Kammer, P.** (1985, June). Consultant. Loss among widows. Beth El Congregation, Sheboygan, WI. Unpaid.
- Post-Kammer, P.** (1985, May). Consultant. Concerned Parents. Nathan Hale High School, West Allis, WI. Unpaid.
- Post-Kammer, P.** (1985, April). Presentation. Communication skills. Alpha Nu Chapter of Delta Kappa Gamma, Waukesha, WI. Unpaid.
- Post-Kammer, P.** (1985, April). Presentation. Listening skills training. Counseling Advising Network Committee, University of Wisconsin - Milwaukee. Unpaid.

Post-Kammer, P. (1985, March). Presentation. Inter-religious relationships. Focus on Growth, Jewish Community Center, Milwaukee, WI. Unpaid.

Post-Kammer, P. (1985). Consultant. Wisconsin Developmental Guidance Model. Wisconsin Department of Public Instruction, South Milwaukee, WI. Unpaid.

Post-Kammer, P. Group skills training. Parents Anonymous, Milwaukee, WI. Unpaid.
1984, October
1985, May
1985, October

Post-Kammer, P. (1984, January). Consultant. Teacher advising program. West Allis Schools, West Allis, WI. Unpaid.

Post-Kammer, P. (1984). Steering Committee Member. Achieving excellence in school guidance. Wisconsin Department of Public Instruction, Madison WI. Unpaid.

Post-Kammer, P. (1984). Member. Wisconsin Department of Public Instruction Ad Hoc Advisory Committee on Vocational/Career Guidance. Madison, WI. Unpaid.

Post-Kammer, P. (1983). Consultant. Career counseling workshop. Jewish Vocational Services, Milwaukee, WI. Unpaid.

Post-Kammer, P. (1983, Fall). Presentation. Talk so you kids will listen; Listen so your kids can talk. Parents' Anonymous Workshop, Milwaukee, WI. Unpaid.

Post-Kammer, P. (1983, January). Consultant. Teacher-parents communication skills training. Whitefish Bay, WI. Paid.

Post-Kammer, P. (1982, August). Consultant. Working with the high potential student. Whitefish Bay, WI. Unpaid.

Post, P. (1979, Summer). Consultant. Education and guidance of gifted students. Madison City Schools, Madison, WI. Paid.

Post, P. (1979, August 13-15). Educational consultant. Developing a program for gifted and talented students. LaCross City Schools, LaCross, WI. Unpaid.

Post, P. (1977-1980). Educational consultant. Counseling gifted and talented students. Guidance Institute for Talented Students, University of Wisconsin - Madison, Madison, WI. Unpaid.

HONORS AND AWARDS

2002	Ella Stephens Barrett Award, North Carolina Counseling Association
1998	College of Education Annual Award for Excellence in Teaching
1997	Finalist, 1997 NationsBank Teaching Excellence Award
1997	Research Award, North Carolina Counseling Association
1995	Faculty Service Award, Mu Tau Beta, Chi Sigma Iota
1980	Wray Stowig Award
1974-1976	North Carolina School Counselor

1972 National Science Foundation Undergraduate Fellowship
1972 Phi Beta Kappa
1968-1970 Katherine Reynolds Scholarship

MEMBERSHIPS

American Counseling Association (1980-Present)
Association for Humanistic Counseling, Education and Development (2005 – Present)
American Association of Counselor Education and Supervision (1980-Present)
American School Counselor Association (1980-Present)
Association for the Spiritual, Ethical, and Religious Values Issues in Counseling (2000 – Present)
American Association for Specialists in Group Work (1984-1992)
American Psychological Association (1982-1984)

Association for Counselor Education and Supervision Ethics/Professional Practices Interest Network (1993)

International Association of Play Therapists (1995-Present)

NC Counseling Association (1989-Present)
NC School Counselor Association (1989-Present)
NC Association for Counselor Education and Supervision (1989-Present)
NC Career Development Association (1989-1992)
NC Association for Measurement and Evaluation in Counseling and Development (1989-1992)
NC Association for Multicultural Counseling and Development (1989-1992)
NC Association for Religious & Values Issues in Counseling (1989-1992)
NC Association for Specialists in Group Work (1989-1992)
NC Mental Health Counselor Association (1989-1992)

NC Association of Play Therapy (Charter Member) (2000-Present)

Midwest Educational Research Association (1988-1989)

Ohio Association for Counseling and Development (1986-1989)
Ohio Association of Counselor Education and Supervision (1986-1989)
Ohio School Counselor Association (1986-1989)
Ohio Association for Specialists in Group Work (1986-1989)
Ohio Career Development Association (1986-1989)

Southern Association of Counselor Education and Supervision (2003 – Present)

Wisconsin Association for Counseling and Development (1980-1986)
Wisconsin Association of Counselor Education and Supervision (1980-1986)
Wisconsin School Counselor Association (1980-1986)
Wisconsin Association for Specialists in Group Work (1984-1986)

CONTINUING EDUCATION

- 2008 North Carolina Association of Play Therapy Conference, Burlington, NC (Nov.)
- 2008 Attended annual meeting of International Play Therapy Association, Dallas, TX (Oct).
- 2007 Annual Conference of the Association for Counselor Education and Supervision, Columbus, OH (Oct.)
- 2007 North Carolina Association of Play Therapy Conference, Raleigh, NC (Oct.)
- 2007 1st Annual UNCC Center for Play Therapy Conference, Charlotte, NC (June)
- 2007 Annual Conference of North Carolina Counseling Association, Durham, NC (Feb.)
- 2006 Attended annual meeting of International Play Therapy Association, Toronto, Canada (Oct).
- 2006 Attended annual meeting of the North Carolina Association for Play Therapy, Raleigh, NC (November)
- 2005 Attended annual meeting of the North Carolina Association for Play Therapy, Asheville, NC (March)
- 2004 Attended annual meeting of the North Carolina Association for Play Therapy, Wilmington, NC (March)
- 2003 Attended annual meeting of International Play Therapy Association, Norfolk, VA (Oct).
- 2002 Attended annual meeting of International Play Therapy Association, St. Louis, MO (Oct).
- 2002 Attending the Transforming School Counseling Conference in Chicago, IL
- 2001 Attended annual meeting of International Play Therapy Association, New Orleans, LA (Oct).
- 2000 Attended annual meeting of International Play Therapy Association, New Orleans, LA (Oct 11-14).
- 1998 Filial Family Therapy Workshop, National Institute for Relationship Enhancement, Bethesda, MD (June 6-7).
- 1998 Building an Alliance With Parents of Children in Play Therapy, National Institute for Relationship Enhancement, Bethesda, MD (May 15-16).
- 1997 Intensive Supervision, Center for Play Therapy, University of North Texas, Denton, Texas (July 15 - 17).
- 1996 Play Therapy with Garry Landreth, Play Therapy Institute, Lansing, MI (April 26-27).
- 1996 Ethics in Counseling, Charleston, SC, March 15, 1996.

- 1995 Received small group supervision of play therapy from Garry Landreth at the annual meeting of International Play Therapy Association, San Francisco, CA.
- 1995 Attended annual meeting of International Play Therapy Association, San Francisco, CA.
- 1993 Reaching Children Through Play Therapy with Byron and Carol Norton, Charlotte, NC.
- 1985 Virginia Satir Workshop, Oasis Center, Chicago, IL.
- 1984 Group Counseling. Illinois Group Psychotherapy Society, Irvin Yalom, Chicago, IL.
- 1982 Child Abuse, Neglect, and Sexual Abuse Workshop, University of Wisconsin - Extension, Madison, WI.